

# Troisdorfer 6h Lauf

08 November 2009

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Seite 1/7

## Troisdorfer 6h Lauf - 2009

### Ergebnisse Männer

Pl.	St-No	Name, Vorname	Ak	Distanz [m]	Rd	1.Rd	2.Rd	3.Rd	4.Rd	5.Rd	6.Rd	7.Rd	8.Rd	9.Rd	10.Rd	11.Rd	12.Rd	13.Rd	14.Rd	15.Rd	16.Rd	17.Rd	18.Rd	19.Rd	20.Rd	21.Rd	22.Rd	23.Rd	24.Rd	25.Rd	26.Rd	27.Rd	28.Rd	29.Rd	30.Rd	31.Rd	32.Rd	33.Rd
1	6	Casier, Gino	1. M35	81930	32	10:34	10:35	10:29	10:41	10:36	10:43	10:40	11:19	10:32	10:33	11:16	10:30	10:32	11:19	10:26	10:36	10:38	11:19	10:46	10:44	10:58	10:45	10:55	11:01	11:16	11:20	11:05	11:28	11:35	12:01	11:55	11:55	
2	255	Mertens, Gert	1. M45	81250	32	10:42	10:36	10:36	10:34	10:41	10:47	10:55	10:44	10:56	10:30	11:19	10:36	10:39	10:41	10:36	10:39	11:31	10:39	10:36	10:36	11:06	11:42	10:45	11:03	11:15	11:17	11:48	12:30	11:34	11:52	12:48	12:01	
3	237	Herget, Thomas	1. M40	80978	32	10:34	10:40	10:19	10:13	10:37	10:28	10:33	10:31	10:25	10:29	10:32	10:27	10:23	10:31	10:38	11:20	11:05	11:15	11:22	11:20	11:13	11:26	12:01	11:55	12:05	12:34	12:34	12:00	12:14	11:48	11:36	11:10	
4	1	Olejnik, Marian-Jan	1. M50	80951	32	10:32	10:41	10:20	10:13	10:36	10:35	10:36	10:34	10:41	10:36	10:49	10:49	11:05	11:04	10:49	11:07	11:53	11:29	11:32	11:34	11:47	11:53	11:31	12:09	12:10	11:59	11:48	11:44	11:19	10:40	11:10	10:38	
5	3	Hooß, Jörg	2. M45	80511	32	10:06	10:24	10:37	10:36	10:35	10:31	10:36	10:36	10:35	10:38	10:36	10:32	10:34	10:40	11:00	11:38	11:29	11:51	11:26	11:25	11:23	11:24	11:24	11:23	11:49	12:40	12:31	12:06	12:28	12:13	11:17	11:00	
6	4	Gasch, Ronald	2. M35	80330	32	10:00	09:53	10:02	10:03	10:02	10:06	10:07	10:14	11:30	10:07	10:10	10:26	10:26	12:19	10:33	10:53	11:04	11:24	11:55	11:44	12:34	11:45	12:35	11:52	12:41	12:27	12:13	11:59	12:05	12:17	11:52	11:30	
7	11	Daum, Stefan	3. M35	78811	31	10:17	10:22	10:24	10:27	10:30	10:32	10:44	10:39	10:33	10:44	10:49	11:03	11:23	11:26	11:26	11:34	11:46	11:55	12:08	12:10	12:19	12:06	12:10	12:11	12:05	12:05	12:07	12:10	12:05	12:07	11:54		
8	9	Schwerk, Wolfgang	2. M50	77460	30	10:45	10:49	10:51	10:57	10:54	11:00	10:54	10:52	10:54	10:54	11:00	11:04	11:06	11:14	11:06	11:07	11:27	11:32	11:29	11:33	11:42	12:04	12:11	12:16	12:08	12:26	12:41	13:29	13:25	13:34			
9	229	Haarmann, Peter	2. M40	75001	30	11:23	11:27	11:21	11:18	11:17	11:20	11:20	11:17	11:16	11:15	11:04	11:22	11:27	11:36	11:36	11:37	11:32	11:40	12:57	12:18	12:28	12:49	12:50	13:03	12:46	12:55	13:25	13:19	13:25	12:50			
10	279	Schwitter, Daniel	3. M40	73910	29	10:33	10:43	10:25	10:23	10:42	10:48	10:57	11:06	10:59	11:12	11:16	11:38	11:51	12:27	12:15	12:44	13:03	13:56	14:19	13:04	12:47	12:48	14:16	13:52	13:48	13:44	12:42	12:46	12:37				
11	219	Eeckhout, Ronny	4. M40	73251	29	11:45	11:47	11:51	11:34	11:34	12:30	11:46	12:29	11:34	11:35	12:40	11:43	12:49	11:45	13:04	11:49	12:51	12:39	11:49	12:44	12:04	12:58	12:29	12:32	13:21	12:55	13:03	12:36	12:11				
12	269	Saracino, Egidio	3. M45	73025	29	11:48	11:44	11:52	11:49	11:57	11:54	11:40	11:51	11:51	12:02	11:59	11:59	11:48	12:02	12:11	12:14	12:15	12:30	13:27	12:22	12:36	12:36	12:42	12:51	12:49	12:51	12:55	13:21	13:36				
13	230	Hamers, Erwin	4. M45	71344	28	11:55	11:36	11:37	11:41	11:44	11:35	11:34	11:37	11:28	11:16	11:17	11:12	13:58	11:16	11:26	11:27	12:07	12:05	12:37	12:58	14:39	14:29	19:00	13:49	13:56	13:44	13:51	13:23					
14	288	Tijskens, Rik	1. M55	70254	28	11:57	11:53	11:58	12:13	12:03	12:03	11:46	12:01	11:59	11:56	12:22	12:27	12:20	12:43	12:36	12:54	13:03	13:21	13:04	13:07	13:11	14:48	14:33	13:17	14:02	13:27	15:14	12:47					
15	222	Fiebelkorn, Michael	1. MHK	69633	27	13:44	12:53	13:14	13:03	12:37	11:59	12:35	15:30	12:22	12:24	11:47	12:33	12:17	13:09	12:09	12:47	12:06	13:05	12:20	13:20	14:11	13:23	14:16	13:28	12:54	12:53	12:36						
16	245	Klocker, Markus	5. M40	69568	27	12:27	12:24	12:29	12:30	12:23	12:20	12:28	12:27	12:29	12:15	12:40	12:24	12:51	12:56	12:46	13:09	13:06	13:00	12:38	13:51	16:02	14:34	14:01	13:46	13:10	12:36							
17	256	Metternich, Michael	2. M55	69512	27	11:30	11:51	11:53	12:02	11:57	11:49	11:40	11:53	11:50	11:58	12:04	12:02	12:19	12:47	12:54	13:09	13:35	13:53	14:03	14:19	13:39	14:26	14:50	14:27	14:52	14:02	13:19						
18	291	Wagenblatt, Bertram	5. M45	69328	27	12:09	11:35	11:38	11:40	11:35	11:49	11:56	12:25	11:52	11:56	12:12	15:01	12:10	12:22	12:40	13:09	13:12	13:43	13:03	13:05	13:21	13:39	20:41	14:28	14:07	13:00	13:13						
19	249	Kohler, Steffen	6. M40	69150	27	12:34	12:43	12:31	12:38	12:36	12:36	12:47	12:56	12:45	12:43	12:36	12:33	13:12	13:18	13:12	13:14	13:16	13:05	13:16	13:04	13:38	13:35	13:49	13:30	13:33	13:23	12:43						
20	220	Fecher, Stevie (Stefan)	6. M45	68887	27	11:27	11:17	11:20	11:19	11:17	11:46	12:04	12:07	12:23	12:13	12:47	12:48	12:58	13:16	13:08	13:22	13:27	13:48	14:07	13:44	13:58	14:30	14:37	14:33	14:20	14:49	15:00						
21	305	Thomas, Dietrich	7. M40	68512	27	12:48	12:08	12:02	12:11	12:38	12:20	12:19	12:50	12:16	12:45	12:45	12:54	13:02	13:10	15:58	13:10	13:21	13:33	13:42	13:34	13:17	13:23	13:53	14:17	14:28	13:07	13:05						
22	301	Wolff, Bernd	4. M35	68016	27	12:33	12:42	12:35	12:37	12:36	12:37	12:47	12:57	12:43	12:45	12:33	12:34	12:38	12:24	12:09	12:25	12:49	12:58	13:10	14:00	13:53	13:59	14:41	15:10	14:25	15:11	15:31						
23	286	Strosny, Wolfgang	3. M55	67919	27	12:14	12:26	12:38	12:38	13:00	13:21	12:55	13:09	13:00	13:28	13:02	13:03	13:00	13:00	13:09	12:57	13:38	14:01	13:42	13:42	13:52	13:19	13:42	14:24	13:40	13:23	13:40						
24	5	Strosny, René	5. M35	67919	27	11:46	11:28	11:29	11:30	11:45	11:21	11:59	11:27	11:13	11:36	11:07	11:27	11:29	11:46	12:31	12:08	12:49	12:37	13:12	16:14	14:18	19:24	23:48	18:23	14:13	13:23	13:40						
25	264	Rasmus, Claus	8. M40	67567	27	13:09	13:12	13:16	13:24	13:18	13:45	13:13	13:11	13:17	13:14	13:09	13:25	13:19	13:22	13:18	13:30	13:19	13:28	13:36	13:27	13:23	13:36	13:30	13:26	13:20	13:12	12:35						
26	258	Michollek, Wolfgang	7. M45	67184	26	12:46	12:59	13:08	13:06	13:00	13:07	13:05	13:00	13:08	13:11	13:03	13:16	13:54	13:44	13:19	13:11	13:22	13:45	13:25	13:38	14:10	14:25	13:36	14:26	13:46	13:24							



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## Ergebnisse Männer

Pl.	St-No	Name, Vorname	Ak	Distanz [m]	Rd	1.Rd	2.Rd	3.Rd	4.Rd	5.Rd	6.Rd	7.Rd	8.Rd	9.Rd	10.Rd	11.Rd	12.Rd	13.Rd	14.Rd	15.Rd	16.Rd	17.Rd	18.Rd	19.Rd	20.Rd	21.Rd	22.Rd	23.Rd	24.Rd	25.Rd	26.Rd	27.Rd	28.Rd	29.Rd	30.Rd	31.Rd	32.Rd	33.Rd													
53	267	Riedel, Thomas	15. M45	60000	24	13:46	13:06	12:58	13:05	13:03	13:12	13:09	13:03	13:01	13:25	13:19	13:34	13:18	14:39	15:30	15:07	15:02	23:22	17:42	16:03	16:53	15:46	15:49	16:31																						
54	217	Duda, Detlev	5. M55	59194	23	14:09	13:38	13:44	13:44	14:10	13:53	13:47	14:59	14:24	14:26	14:49	14:37	15:00	15:09	16:07	16:46	16:37	16:46	16:55	18:04	16:36	16:20	15:51																							
55	278	Schwarzer, Simon	3. MHK	58651	23	14:59	15:07	15:10	15:07	14:56	15:07	15:01	15:00	15:00	15:00	15:18	14:57	15:07	15:12	15:15	15:17	15:35	16:05	17:00	16:08	16:07	16:19	15:20																							
56	210	Breuers, Stefan	16. M45	58453	23	14:49	14:37	14:29	14:21	14:07	14:32	14:17	15:24	14:25	14:23	14:38	14:48	15:17	15:16	15:34	15:46	16:16	16:16	16:08	16:09	16:58	17:29	17:48																							
57	254	Meininger, Ulrich	17. M45	58402	23	13:48	13:19	12:59	12:24	12:29	12:45	13:01	12:46	12:37	12:56	13:24	13:46	14:36	15:14	18:48	17:10	17:48	18:09	19:34	19:41	18:45	19:07	19:17																							
58	294	Wehling, Walter	18. M45	58134	23	14:50	14:10	14:08	13:55	13:55	13:50	14:02	14:24	13:45	13:56	14:46	13:46	14:01	14:26	14:59	15:06	15:15	16:29	19:02	19:37	21:03	20:24	15:22																							
59	300	Witzler, Frank	19. M45	57582	23	13:06	13:28	13:10	13:24	13:24	13:28	14:52	13:33	14:02	14:18	14:35	16:11	15:03	15:31	18:15	18:24	16:54	20:41	22:20	16:08	16:37	17:31	14:49																							
60	252	Ludwig, Manfred	1. M65	57441	22	17:19	16:05	15:01	15:37	15:03	15:37	15:12	14:51	14:34	15:11	15:00	14:47	17:26	15:39	15:35	15:34	15:37	15:56	16:31	16:50	16:46	15:49																								
61	209	Bracht, Gerhard	6. M55	57384	22	13:46	13:51	13:40	14:23	14:34	14:13	14:24	14:42	14:29	14:56	14:55	16:51	16:24	15:45	16:24	17:01	20:36	16:57	16:54	16:46	16:46	16:42																								
62	242	Jablonski, Hansjürgen	9. M35	57068	22	14:32	13:54	14:15	14:44	14:16	14:39	14:32	14:51	15:01	15:03	15:25	16:04	15:47	16:15	15:50	17:16	17:12	18:16	17:19	16:51	17:52	17:33																								
63	317	Frech, Werner	7. M55	56358	22	15:08	13:41	13:31	13:54	13:40	15:18	14:06	14:29	14:17	17:11	16:21	15:53	16:08	16:09	18:04	17:19	17:33	18:22	19:14	17:09	17:37	17:03																								
64	310	Hardt, Frank	16. M40	55830	22	13:06	13:29	13:14	13:20	13:24	13:33	15:00	14:18	14:00	14:44	15:45	15:47	17:45	18:57	18:02	17:13	17:46	21:47	19:12	20:18	19:09	14:50																								
65	213	Dobrijevic, Djuro	2. M65	55643	22	14:23	15:37	15:21	15:36	15:53	15:49	15:34	15:45	15:36	15:42	15:18	15:58	16:34	16:07	16:23	16:41	16:37	17:05	16:54	17:25	17:32	17:43																								
66	303	Zimmermann, Walter	8. M55	55341	22	14:29	14:48	14:55	15:04	15:07	14:56	14:55	14:54	16:23	14:52	15:27	16:24	16:30	16:25	16:48	17:47	17:48	17:47	20:02	17:21	17:33	17:56																								
67	314	Graef, Horst	1. M70	55213	22	14:31	14:32	14:35	14:50	14:43	15:03	14:30	15:09	15:28	15:50	16:01	16:32	16:49	17:04	17:15	17:36	18:08	18:27	18:43	19:05	18:10	15:11																								
68	238	Hertinger, Bernhard	8. M50	55000	22	14:24	14:12	14:26	14:34	14:28	14:23	14:28	14:34	14:37	14:46	14:47	14:46	14:46	15:12	14:45	14:44	15:28	15:23	16:30	16:35	16:05	16:49																								
69	284	Stein, Dirk	17. M40	54802	21	15:01	14:25	14:11	14:43	14:53	15:03	15:19	16:15	15:22	15:58	16:11	17:00	18:01	17:30	17:09	17:30	17:54	18:42	18:23	18:02	17:41																									
70	247	Knoch, Wilfried	9. M55	54571	21	15:02	15:27	15:11	15:23	14:55	15:11	14:34	14:44	15:18	16:02	16:40	17:20	17:40	17:47	17:45	18:18	17:48	17:56	18:08	18:01	17:33																									
71	243	Kelbel, Joe	20. M45	54553	21	14:56	14:30	14:33	14:58	14:48	14:52	15:07	15:26	15:32	15:57	16:48	17:53	17:11	20:26	17:38	18:21	18:06	17:51	17:19	17:51	16:54																									
72	259	Mohr, Bernd	18. M40	54355	21	17:52	17:52	17:02	16:45	16:50	16:05	15:38	15:19	15:24	15:39	15:31	15:42	17:07	15:23	19:11	16:35	18:28	18:39	18:54	18:36	12:46																									
73	221	Feldhaus, Thomas	19. M40	54165	21	16:00	14:32	14:29	14:24	15:09	14:19	14:09	14:25	14:27	15:03	15:43	15:40	17:26	18:13	18:31	16:57	15:01	30:40	18:10	18:04	17:52																									
74	272	Schell, Oliver	20. M40	53251	21	15:04	15:06	15:17	15:28	15:30	15:34	16:47	15:34	15:36	15:43	17:08	15:59	16:14	16:14	16:24	18:25	16:41	16:35	17:14	17:05	28:27																									
75	326	Scharfen, Dirk	10. M35	52880	21	15:06	14:57	15:07	15:31	15:15	15:30	16:02	15:27	16:23	17:04	16:16	18:02	19:55	17:08	18:33	19:15	17:26	18:26	18:45	18:36	18:48																									
76	320	Schuster, Jens	21. M45	52521	21	14:25	13:33	14:12	13:59	14:14	14:22	14:14	14:19	14:47	14:23	14:33	14:51	15:11	16:05	16:19	16:52	16:43	37:46	25:07	26:12	17:56																									
77	297	Willner, Bernd	11. M35	52500	21	12:28	12:12	12:06	12:14	12:01	13:15	11:45	11:51	12:01	13:20	12:05	12:13	12:21	14:02	12:39	12:26	14:47	12:59	13:40	16:35	17:52																									
78	232	Hauke, Gernot	3. M65	51082	20	14:57	15:19	15:58	15:55	19:19	14:41	15:42	15:32	17:33	16:09	16:54	17:53	18:16	19:36	19:07	19:27	22:18	18:10	18:44	20:08																										

# Troisdorfer 6h Lauf

08 November 2009

gedruckt 08.11.2009 17:28:24

Seite 4/7

## Troisdorfer 6h Lauf - 2009

### Ergebnisse Männer

Pl.	St-No	Name, Vorname	Ak	Distanz [m]	Rd	1.Rd	2.Rd	3.Rd	4.Rd	5.Rd	6.Rd	7.Rd	8.Rd	9.Rd	10.Rd	11.Rd	12.Rd	13.Rd	14.Rd	15.Rd	16.Rd	17.Rd	18.Rd	19.Rd	20.Rd	21.Rd	22.Rd	23.Rd	24.Rd	25.Rd	26.Rd	27.Rd	28.Rd	29.Rd	30.Rd	31.Rd	32.Rd	33.Rd							
79	202	Albrecht, Dieter	4. M65	50751	20	17:00	17:05	17:14	17:08	16:50	17:00	16:58	16:55	17:11	16:53	16:42	17:06	17:20	17:46	20:01	18:39	19:40	18:39	18:34	19:09																				
80	240	Heuschötter, Klaus	22. M45	50596	20	15:08	15:04	15:02	15:16	15:25	15:37	15:49	15:47	16:19	16:40	17:28	17:54	18:43	19:05	23:19	20:41	24:44	18:37	20:30	19:13																				
81	306	Georgi, Alexander	21. M40	50511	20	16:38	16:12	16:18	16:29	16:36	16:43	16:26	16:41	20:37	17:37	17:38	17:04	17:39	18:11	18:46	19:18	18:38	19:48	19:24	20:10																				
82	236	Herberg, Achim	9. M50	50026	20	14:57	14:54	14:57	15:00	14:25	14:47	14:43	15:01	15:28	16:04	15:09	18:53	19:24	26:29	18:11	31:01	17:04	29:11	16:44	16:50																				
83	322	Wölfer, Gernot	10. M55	50020	20	14:58	16:03	15:45	15:57	16:19	15:57	17:06	17:01	18:30	17:51	19:19	18:20	18:32	19:33	20:02	20:34	20:33	20:00	19:52	17:56																				
84	206	Beckmann, Stefan	10. M50	50000	20	11:07	10:56	10:43	10:43	10:51	10:51	10:52	10:47	10:51	10:50	10:52	10:49	11:09	11:08	11:18	11:21	11:36	11:47	11:58	12:03																				
85	296	Willems, André	22. M40	50000	20	13:10	12:35	13:08	13:06	13:18	13:25	13:34	13:02	13:01	13:20	13:35	13:08	13:19	13:26	13:27	13:16	13:11	13:13	13:28	12:35																				
86	299	Witza, André	23. M40	50000	20	14:51	14:05	14:13	14:15	14:04	14:04	13:48	13:48	13:31	13:58	14:44	14:08	14:34	15:22	14:21	15:06	18:14	16:18	16:40	16:48																				
87	234	Heinz, Peter	11. M50	50000	20	14:06	14:18	14:43	14:22	14:31	14:52	15:01	14:49	14:51	15:36	15:29	15:24	15:07	14:59	15:33	15:45	16:17	17:30	19:18	19:29																				
88	204	Basel, Daniel	11. M55	50000	20	15:30	15:01	15:12	15:26	15:09	15:12	15:10	15:22	15:20	15:24	15:39	15:57	16:05	16:23	16:43	17:21	16:40	17:57	17:22	16:38																				
89	307	Thull, Pascal	24. M40	50000	20	14:35	14:37	14:49	14:49	14:59	14:50	15:18	14:41	14:33	15:21	15:34	15:41	15:30	16:46	17:03	18:39	17:45	18:51	19:59	19:27																				
90	298	Wittenstein, Alexander	12. M50	50000	20	18:11	17:10	16:01	16:14	16:17	16:06	16:16	16:28	16:32	17:22	17:18	17:31	17:43	17:35	19:59	22:51	19:27	20:39	22:47	16:40																				
91	248	Kohl, Heinz Helmut	3. M60	48000	19	16:20	16:52	17:02	17:22	17:42	17:43	18:02	18:00	18:22	18:27	19:03	19:29	19:02	19:15	20:18	20:33	21:04	21:16	20:56																					
92	292	Wandt, Harald	4. M60	47526	19	18:44	17:58	17:48	17:34	17:54	16:57	16:43	16:54	16:48	17:15	18:25	21:22	21:10	21:10	21:39	20:31	21:04	21:28	18:44																					
93	207	Berka, Volker	5. M65	46243	18	18:31	18:34	18:46	18:33	18:47	18:53	18:55	19:09	19:28	19:28	19:30	19:46	20:01	20:09	20:41	20:46	20:31	20:09																						
94	295	Wiegand, Kalle	5. M60	46008	18	17:49	17:38	17:44	18:13	19:44	18:15	18:16	19:04	19:28	20:01	21:06	19:36	20:05	20:15	20:53	20:03	21:25	20:04																						
95	250	Krüger, Thomas	23. M45	45000	18	14:11	14:10	14:05	13:53	14:11	14:44	14:23	14:28	14:44	14:38	14:38	14:53	15:07	15:32	15:40	16:07	16:37	17:09																						
96	308	Gronau, Robert	12. M35	45000	18	13:02	12:59	12:56	13:04	13:16	13:26	13:28	12:40	13:02	12:55	13:11	13:25	14:22	16:04	15:35	18:06	30:19	20:35																						
97	266	Reuter, Hans-Jürgen	6. M65	45000	18	14:42	13:26	13:30	13:29	13:34	13:55	13:56	13:58	13:59	14:19	14:47	15:33	16:08	16:54	17:33	22:59	20:52	21:30																						
98	289	Ulmschneider, Klaus-Dieter	24. M45	45000	18	15:30	15:01	15:06	15:32	17:33	15:40	15:48	16:14	16:39	16:50	17:29	17:38	18:25	17:52	20:37	22:37	22:00	23:30																						
99	211	Britz, Werner	6. M60	43814	17	18:25	17:12	17:46	18:26	18:45	19:07	19:00	21:15	19:42	20:12	20:40	21:28	22:13	22:55	23:24	23:16	24:00																							
100	231	Hardy, Helmut	25. M45	42500	17	14:13	12:57	12:42	12:39	12:36	12:58	13:16	13:03	13:10	13:42	13:17	13:19	13:24	13:33	13:29	13:36	13:44																							
101	273	Schmidt, Uwe	13. M50	42500	17	12:40	12:46	12:39	12:50	12:55	13:03	13:08	13:23	13:42	13:54	14:12	14:13	14:55	15:16	15:44	15:59	15:46																							
102	215	Drescher, Hans	14. M50	42500	17	14:47	13:22	13:14	12:47	12:35	13:18	13:17	13:36	12:55	14:21	14:34	15:06	16:13	16:27	15:53	16:52	16:53																							
103	275	Schorr, Gerhard	15. M50	42500	17	14:52	14:40	14:53	14:50	14:59	15:15	14:50	14:59	15:04	14:46	15:02	14:59	15:10	15:20	14:52	15:48	16:12																							
104	241	Iffert, Friedrich	7. M65	42500	17	14:30	14:21	14:28	14:24	14:39	14:39	14:46	15:25	14:44	15:12	14:54	14:55	16:03	15:43	16:54	17:12	19:27																							

## Troisdorfer 6h Lauf - 2009

## Ergebnisse Männer

Pl.	St-No	Name, Vorname	Ak	Distanz [m]	Rd	1.Rd	2.Rd	3.Rd	4.Rd	5.Rd	6.Rd	7.Rd	8.Rd	9.Rd	10.Rd	11.Rd	12.Rd	13.Rd	14.Rd	15.Rd	16.Rd	17.Rd	18.Rd	19.Rd	20.Rd	21.Rd	22.Rd	23.Rd	24.Rd	25.Rd	26.Rd	27.Rd	28.Rd	29.Rd	30.Rd	31.Rd	32.Rd	33.Rd				
105	324	Bauer, Erich	2. M70	40226	16	21:27	20:40	20:34	20:46	20:54	21:29	21:50	21:48	22:11	22:40	23:14	24:23	23:39	22:54	23:37	25:35																					
106	325	Bauer, Markus	25. M40	40226	16	21:27	20:40	20:34	20:46	20:54	21:28	21:52	21:48	22:08	22:41	23:14	24:23	23:38	22:55	23:39	25:31																					
107	10	Shrinivas, Vinodkumar	4. MHK	40000	16	10:14	10:17	10:30	10:42	10:31	10:30	10:37	10:32	10:26	10:30	10:33	10:40	11:23	11:38	12:41	12:45																					
108	216	Dretzke, Jürgen	26. M40	40000	16	15:25	15:00	15:26	15:32	15:26	16:11	15:25	15:42	15:51	15:59	16:25	16:51	17:06	20:25	23:39	27:13																					
109	251	Leuschner, Carsten	13. M35	37500	15	13:40	14:25	13:48	14:39	14:27	15:20	16:19	15:14	15:38	16:01	18:45	17:13	20:02	21:35	23:12																						
110	208	Betz, Marc	14. M35	35000	14	14:51	14:10	14:04	14:35	15:47	13:50	14:33	14:37	14:29	14:53	15:17	14:47	15:35	16:02																							
111	257	Mewes, Holger	26. M45	32500	13	14:48	14:23	14:44	15:15	15:08	15:21	15:15	15:37	16:17	15:59	16:49	16:59	17:20																								
112	277	Schulze, Ingo	7. M60	30000	12	16:56	17:01	17:10	17:09	16:31	17:07	16:58	17:23	18:09	17:48	18:45	19:23																									
113	316	Siegemund, Sven	5. MHK	27500	11	14:48	13:49	13:56	14:03	15:09	13:50	13:51	14:36	14:21	14:10	14:22																										
114	319	Wurster, Karl-Hans	27. M45	27500	11	15:06	15:41	16:03	15:55	15:29	16:09	15:26	16:13	17:22	19:45	21:50																										

## Troisdorfer 6h Lauf - 2009

## Ergebnisse Frauen

Pl.	St-No	Name, Vorname	Ak	Distanz [m]	Rd	1.Rd	2.Rd	3.Rd	4.Rd	5.Rd	6.Rd	7.Rd	8.Rd	9.Rd	10.Rd	11.Rd	12.Rd	13.Rd	14.Rd	15.Rd	16.Rd	17.Rd	18.Rd	19.Rd	20.Rd	21.Rd	22.Rd	23.Rd	24.Rd	25.Rd	26.Rd	27.Rd	28.Rd	29.Rd	30.Rd	31.Rd	32.Rd	33.Rd										
1	2	Hooß, Tanja	1. W40	78529	31	11:26	11:17	11:20	11:18	11:17	11:22	11:25	11:22	11:15	11:14	11:05	11:20	11:27	11:31	11:38	11:29	11:40	11:37	11:25	11:23	11:24	11:24	11:23	11:36	11:56	11:26	11:47	11:44	11:43	11:37	11:43												
2	21	Krause, Antje	1. W35	74390	29	11:46	11:54	11:52	11:59	11:58	11:59	11:58	11:46	11:45	11:42	11:34	11:37	11:42	11:41	11:49	12:04	11:43	11:56	12:11	12:19	12:39	12:36	12:51	12:41	12:31	12:30	12:26	12:38	12:31														
3	138	Veith, Pamela	2. W35	74092	29	11:47	11:52	11:51	11:59	13:13	11:48	11:40	11:49	11:46	11:49	11:54	11:53	11:52	11:58	12:09	12:15	12:20	12:20	12:15	12:26	12:28	12:40	12:30	12:28	12:25	12:22	12:23	12:22	12:14														
4	20	Braekman, Conny	2. W40	74015	29	11:58	11:56	11:57	12:00	12:08	12:04	11:55	11:59	11:50	11:51	12:33	11:57	12:02	12:11	12:07	12:07	12:15	12:14	13:21	12:07	12:11	12:13	12:09	12:11	12:11	12:21	12:24	12:21	12:14														
5	123	Müller, Antje	3. W35	71185	28	11:36	11:34	11:26	11:30	11:33	11:41	11:50	11:46	11:36	11:55	11:46	12:08	12:24	12:37	12:49	12:59	12:55	13:06	13:10	13:27	13:39	13:26	13:49	13:57	13:49	13:55	13:54	13:38															
6	23	Vollbrecht, Regina	1. WHK	67567	27	13:09	13:12	13:16	13:24	13:19	13:45	13:13	13:11	13:17	13:14	13:08	13:26	13:19	13:22	13:18	13:30	13:19	13:28	13:36	13:27	13:23	13:39	13:27	13:25	13:22	13:11	12:38																
7	105	Durry, Simone	2. WHK	65872	26	14:09	13:37	13:46	13:40	13:21	13:21	13:07	13:02	13:11	13:21	13:10	13:09	13:10	13:15	13:13	13:14	13:33	13:44	13:49	14:26	14:13	14:19	14:54	14:59	14:21	13:47																	
8	25	Plumann, Beate	4. W35	65511	26	12:44	12:24	12:46	12:55	12:47	12:49	13:01	13:13	13:11	13:25	13:18	13:33	13:55	14:07	14:29	14:18	14:10	14:22	15:06	14:07	14:27	14:30	14:50	14:36	14:24	14:04																	
9	24	Schlegel, Ilona	3. W40	64176	25	12:46	12:40	13:13	12:56	13:19	13:12	13:15	13:19	13:29	13:33	13:38	13:43	13:46	13:48	13:56	14:03	14:20	14:39	14:51	14:49	15:13	15:36	15:14	15:37	15:21																		
10	108	Hamm, Carmen	4. W40	63959	25	13:22	13:14	13:05	13:11	13:20	13:23	13:33	13:20	13:27	13:27	13:35	14:04	13:33	13:51	14:22	14:35	15:14	14:48	14:56	14:49	15:07	15:33	14:57	15:07	14:29																		
11	131	Saracino, Claudia	5. W40	62545	25	14:29	14:07	14:07	14:07	14:11	13:52	13:57	14:08	14:01	14:53	13:50	13:42	13:53	14:01	13:55	14:01	13:58	14:00	14:16	14:34	14:53	15:38	15:31	15:48	15:29																		
12	130	Rosenbaum, Birgit	1. W45	59677	23	14:26	14:16	14:21	14:36	14:28	15:20	14:17	14:35	14:47	14:47	14:34	15:04	15:12	14:59	15:00	14:13	16:32	20:03	14:50	14:51	15:08	15:19	14:58																				
13	118	Melzer, Elke	2. W45	59669	23	14:55	14:30	14:54	14:55	15:16	15:07	15:23	15:27	15:00	14:53	15:28	15:36	15:09	15:22	15:34	15:25	15:17	14:49	15:10	15:29	14:59	15:15	14:15																				
14	120	Mölders, Angelika	6. W40	59248	23	13:45	13:43	13:43	13:47	13:48	13:49	14:45	14:04	14:00	14:15	14:23	14:52	14:38	15:01	15:33	16:18	17:24	17:13	17:07	17:38	16:33	17:11	15:59																				
15	127	Reim, Annette	7. W40	59177	23	14:32	13:53	14:15	14:45	14:15	14:39	14:31	14:51	15:02	15:03	15:25	16:04	15:43	16:17	15:16	15:47	16:13	15:28	15:33	15:27	15:22	15:15	15:47																				
16	27	Bullig, Cornelia	1. W50	58533	23	14:20	14:14	14:25	14:24	14:22	14:23	15:11	14:38	15:22	15:33	15:20	16:07	15:43	15:17	16:19	16:28	16:13	16:35	16:17	16:01	15:59	16:05	15:16																				
17	103	Benz, Katja	5. W35	57526	23	14:57	14:54	14:58	15:00	14:26	14:46	14:43	15:01	15:12	16:14	15:43	15:43	15:53	16:05	16:36	17:05	16:05	16:02	16:08	14:43	15:24	16:47	16:41																				
18	132	Saracino, Martina	8. W40	56122	22	15:09	15:28	15:28	15:39	15:43	15:35	15:26	15:44	15:47	15:58	16:00	16:18	16:07	16:08	16:15	16:15	16:17	16:25	16:33	16:57	16:49	16:58																					
19	125	Oberhäuser, Angelika	1. W55	55000	22	14:48	13:21	13:27	13:34	13:23	13:20	14:41	13:41	14:05	17:33	13:50	13:46	14:52	15:30	17:39	16:16	16:32	21:11	17:56	18:11	18:19	22:56																					
20	134	Schöneck-Voß, Nadine	3. WHK	53913	21	15:39	15:55	17:53	20:10	15:19	15:47	15:46	17:07	15:11	15:21	15:29	17:14	15:39	15:54	15:37	23:05	18:31	16:36	16:40	15:59	16:28																						
21	129	Riemer, Ulrike	9. W40	53785	21	16:40	16:23	15:08	16:03	15:36	15:37	18:01	15:17	15:27	18:02	16:01	17:38	16:29	16:42	19:24	18:18	17:49	16:15	16:39	17:06	17:57																						
22	115	Kraemer, Elisabeth	3. W45	53685	21	14:54	14:30	14:54	14:55	15:15	15:07	15:24	15:28	15:01	14:54	15:29	15:57	17:23	18:21	20:06	18:13	18:31	21:07	21:25	20:20	16:31																						
23	136	Herr, Marianne	2. W55	53134	21	17:48	17:21	16:54	16:39	16:33	16:46	16:29	16:37	16:32	16:41	16:48	16:55	16:47	16:57	17:08	17:09	16:32	16:35	16:53	16:25	17:38																						
24	104	Durry, Andrea	6. W35	52312	20	15:42	16:14	16:15	16:38	17:48	16:19	16:39	16:33	16:09	16:13	16:21	16:19	16:20	18:47	18:50	19:49	20:33	18:22	17:04	17:45																							
25	112	Hotz-Wagenblatt, Agnes	2. W50	52265	20	16:07	15:47	15:49	16:26	16:13	18:10	16:03	16:28	16:57	18:13	16:43	17:15	16:54	17:41	17:19	18:11	17:43	18:53	18:00	18:45																							
26	133	Scheer, Karin	1. W60	51062	20	18:39	18:01	16:53	16:42	17:07	16:45	16:33	17:03	17:21	16:54	16:49	17:11	17:37	17:41	18:05	20:10	18:36	18:13	18:26	17:52																							

# Troisdorfer 6h Lauf

08 November 2009

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Seite 7/7

## Troisdorfer 6h Lauf - 2009

### Ergebnisse Frauen

Pl.	St-No	Name, Vorname	Ak	Distanz [m]	Rd	1.Rd	2.Rd	3.Rd	4.Rd	5.Rd	6.Rd	7.Rd	8.Rd	9.Rd	10.Rd	11.Rd	12.Rd	13.Rd	14.Rd	15.Rd	16.Rd	17.Rd	18.Rd	19.Rd	20.Rd	21.Rd	22.Rd	23.Rd	24.Rd	25.Rd	26.Rd	27.Rd	28.Rd	29.Rd	30.Rd	31.Rd	32.Rd	33.Rd								
27	124	Ngamkam, Angela	10. W40	50419	20	15:29	14:57	15:20	15:56	15:42	15:43	15:47	15:52	16:35	17:19	18:14	17:44	28:40	21:19	21:34	22:23	20:51	16:40	16:19	15:15																					
28	135	Witt, Anne	11. W40	50026	20	18:44	17:59	17:47	17:34	17:53	16:57	16:43	16:53	16:47	17:15	18:25	18:33	18:23	20:55	18:09	18:24	18:28	18:22	18:26	16:55																					
29	109	Hausmann, Martina	4. W45	46632	18	18:37	18:07	18:41	19:35	19:11	19:56	19:36	19:36	19:06	19:57	19:14	19:26	19:54	19:20	19:09	19:18	19:36	19:18																							
30	101	Badtke, Irene	1. W65	46008	18	17:49	17:38	17:44	18:12	19:44	18:14	18:15	19:01	19:31	20:01	21:06	19:36	20:05	20:14	20:52	20:05	21:24	20:05																							
31	22	Wurster, Petra	5. W45	45000	18	12:43	12:17	12:24	12:26	12:23	12:23	13:12	12:28	12:41	12:47	12:45	12:44	12:59	13:06	13:18	13:29	13:28	13:36																							
32	114	Köllner, Julia	4. WHK	43899	17	17:53	19:38	17:31	17:24	17:39	19:32	20:16	18:17	18:29	23:39	21:22	22:34	21:59	23:22	21:02	26:07	23:22																								
33	113	Hulse, Renate	3. W50	38916	15	15:34	15:59	16:37	15:36	16:18	17:34	42:33	19:18	52:32	17:02	17:36	19:59	43:08	18:48	21:14																										
34	139	Hubrig-Schaumburg, Sabine	6. W45	35000	14	14:51	14:40	15:18	15:29	15:36	15:35	16:09	16:18	17:42	17:59	18:51	19:33	19:42	19:43																											
35	110	Hoff, Nadine	5. WHK	32500	13	16:41	16:24	16:10	16:49	16:24	17:40	17:52	18:06	17:33	18:02	21:57	19:26	19:57																												
36	107	Grimme, Katrin	7. W45	30000	12	15:03	15:43	16:11	16:09	16:14	16:15	17:22	18:20	18:05	24:18	19:25	18:49																													
37	119	Mohr, Daniela	6. WHK	22500	9	17:52	17:52	17:03	16:44	16:50	16:43	16:27	16:47	17:10																																
38	128	Riemer, Anne	1. W<	20000	8	16:39	31:27	36:39	39:53	20:34	43:12	26:04	17:57																																	
39	111	Hollek, Cornelia	7. W35	15000	6	18:03	17:39	19:10	17:26	20:00	24:10																																			