

## Ergebnisse

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## Männer

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf
1	1001	Werner, Stefan	76	DEU	Team Roseversand Bo	1	M30	3:51:57	5	0:30:08	1	1:58:41	1	2:28:50	5	1:23:06
2	1081	Kriege, Markus	66	DEU	Triathlon Club Essen	1	M40	3:56:44	8	0:30:40	5	2:05:08	5	2:35:49	3	1:20:54
3	1003	Niemerg, Frank	72	DEU	Team Erdinger Alkoh	1	M35	3:57:18	4	0:30:07	3	2:03:40	2	2:33:47	8	1:23:30
4	1004	Ermeling, Wolfgang	68	DEU	TRISPEED Marienfeld	2	M40	3:59:54	13	0:30:58	4	2:04:43	4	2:35:41	11	1:24:12
5	1021	Röpstorf, Uwe	63	DEU	SC Bayer 05 uerdinge	1	M45	4:01:47	39	0:34:42	8	2:06:27	10	2:41:10	2	1:20:37
6	1016	Klein, Armin	70	DEU	TSR Olympia Wilhelm	3	M40	4:05:21	32	0:33:48	12	2:07:49	12	2:41:37	10	1:23:44
7	1015	Uhlenbrock, Volker	68	DEU	TEAM ROSEVERSAN	4	M40	4:06:16	24	0:32:56	9	2:06:57	8	2:39:54	15	1:26:21
8	1083	Meyer, Carsten	71	DEU	TSG 07 Burg Gretesch	2	M35	4:06:35	9	0:30:42	2	2:03:16	3	2:33:59	35	1:32:35
9	1050	Klören, Thomas	64	DEU	VT Triangel Kempen	2	M45	4:06:50	10	0:30:47	16	2:11:03	13	2:41:50	12	1:25:00
10	1043	Konschak, Ulrich	71	DEU	Pflüger-Team/SV Nordh	3	M35	4:08:09	25	0:32:57	24	2:12:55	18	2:45:52	4	1:22:17
11	1012	Krüger, Olaf	69	DEU	SGE Ergste - Tripple H	5	M40	4:08:30	35	0:34:00	10	2:07:21	11	2:41:21	16	1:27:09
12	1023	Blaschke, Göran	76	DEU	SC-Altenrheine	2	M30	4:12:22	12	0:30:51	19	2:11:49	14	2:42:41	20	1:29:40
13	1013	Winter, Maic	71	DEU	Bocholter WSV	4	M35	4:13:24	72	0:37:40	20	2:12:31	33	2:50:11	7	1:23:13
14	1011	Hennig, Carsten	69	DEU	Tri-flow Bad Endbach	6	M40	4:13:38	1	0:28:14	14	2:11:01	7	2:39:15	48	1:34:22
15	1044	Hüsemann, Matthias	77	DEU	TSG 07 Burg Gretesch	3	M30	4:15:14	17	0:32:44	27	2:13:16	19	2:46:01	18	1:29:13
16	1024	Elting, Ralf	68	DEU	Bocholter WSV	7	M40	4:16:50	2	0:28:28	21	2:12:33	9	2:41:01	59	1:35:49
17	1106	Pecovnik, Andre	78	DEU	Tus 09 Erkenschwick	4	M30	4:17:34	19	0:32:45	31	2:13:42	23	2:46:27	27	1:31:06
18	1030	Kaiser, Marcus	69	DEU	TSV Bayer 04 Leverk	8	M40	4:18:01	64	0:37:16	22	2:12:40	31	2:49:57	17	1:28:04
19	1113	Thelen, Dennis	83	DEU	TVB09	1	MHK	4:18:56	36	0:34:16	26	2:13:15	24	2:47:31	30	1:31:25
20	1029	Kuhlmann, Sören	80	DEU	RC Endspurt Herford	5	M30	4:19:09	22	0:32:53	39	2:16:22	27	2:49:15	22	1:29:53
21	1040	Bartels, Michael	68	DEU	ESV Eintr. Hameln	9	M40	4:19:21	31	0:33:47	18	2:11:49	17	2:45:37	43	1:33:44
22	1036	Grundkötter, Werner	71	DEU	TSVE Bielefeld	5	M35	4:19:55	80	0:38:04	7	2:06:16	15	2:44:20	58	1:35:35
23	1028	Schönbohm, Jens	64	DEU	RC Endspurt Herford	3	M45	4:21:14	40	0:34:45	34	2:15:20	32	2:50:05	28	1:31:09
24	1352	Voll, Ulrich	62	DEU	Krefelder-Kanu-Klub	4	M45	4:21:17	98	0:39:30	40	2:16:24	54	2:55:54	13	1:25:23
25	1051	Kättner, Alexander	76	DEU	VT Triangel Kempen	6	M30	4:21:23	11	0:30:47	11	2:07:45	6	2:38:33	86	1:42:50
26	1010	Dudek, Christian	68	DEU	Tri Team Steinfurt	10	M40	4:22:01	61	0:37:10	33	2:14:42	37	2:51:53	23	1:30:07
27	1127	Kowollik, Karl-Heinz	57	DEU	TSR Olympia WHV	1	M50	4:22:20	42	0:34:57	29	2:13:35	26	2:48:33	45	1:33:47
28	1041	Hauck, Michael	76	DEU	NSU Triathlon	7	M30	4:22:33	28	0:33:08	32	2:14:24	25	2:47:32	52	1:35:00
29	1055	Schnafel, Martin	65	DEU	ASC Ahlen	5	M45	4:22:41	49	0:35:43	36	2:15:40	35	2:51:23	29	1:31:18
30	1038	Burger, Marius	78	DEU	LC Jeannie 06	8	M30	4:22:58	63	0:37:15	13	2:09:11	22	2:46:27	61	1:36:30
31	1226	Block, Ralph	69	DEU	Tricity 2001 Paderborn	11	M40	4:25:05	73	0:37:40	41	2:16:36	48	2:54:16	24	1:30:49
32	1017	Telahr, Jürgen	72	DEU	Bocholter WSV	6	M35	4:25:14	43	0:35:00	15	2:11:02	20	2:46:03	71	1:39:10
33	1151	Telcher, Jörg	76	DEU	SC Olpe	9	M30	4:25:21	55	0:36:07	44	2:17:03	42	2:53:11	33	1:32:09
34	1112	Mittelberg, Michael	60	DEU	SC Altenrheine	2	M50	4:25:54	134	0:43:15	59	2:19:26	83	3:02:42	6	1:23:12
35	1223	Becker, Michael	68	DEU	LG-Oerlinghausen	12	M40	4:26:24	26	0:32:59	65	2:20:41	45	2:53:41	37	1:32:43
36	1025	Winterstein, Florian	83	DEU	1.Tri-Club Paderborn	2	MHK	4:26:33	23	0:32:56	28	2:13:27	21	2:46:24	75	1:40:08
37	1206	Dietrich, Matthias	65	DEU	MTV Hohenkirchen	6	M45	4:27:45	71	0:37:40	53	2:18:35	57	2:56:15	31	1:31:30
38	1067	Grünhage, Josef	64	DEU	TV Attendorn TRI-TIM	7	M45	4:28:08	57	0:36:33	42	2:16:51	44	2:53:24	50	1:34:43
39	1048	Schäfer, André	73	DEU	Hildener AT	7	M35	4:28:15	34	0:33:57	74	2:22:12	56	2:56:09	32	1:32:05
40	1054	Edelbroich, Matthias	77	DEU	Tritus SV Neptun Amsbe	10	M30	4:28:16	21	0:32:50	23	2:12:41	16	2:45:31	85	1:42:44
41	1220	Knops, Michael	63	DEU	Tus Xanten Triathlon	8	M45	4:28:36	30	0:33:38	37	2:15:58	28	2:49:36	70	1:39:00
42	1049	Kleinemas, Martin	82	DEU	Triathlon Verein Berlin	3	MHK	4:28:48	68	0:37:31	68	2:21:25	72	2:58:57	21	1:29:51
43	1104	Kautz, René	78	DEU	Hildener AT	11	M30	4:28:59	91	0:39:03	81	2:23:51	84	3:02:55	14	1:26:04
44	1032	Tuchel, Carsten	73	DEU	TSV Bayer 04 Leverk	8	M35	4:29:08	69	0:37:34	57	2:18:56	62	2:56:31	36	1:32:37
45	1047	Lehr, Bernd	66	DEU	TSV Bayer 04 Leverk	13	M40	4:29:32	20	0:32:46	76	2:23:05	52	2:55:52	42	1:33:40
46	1063	Hinte, Franz	60	DEU	bayer08 uerdingen	3	M50	4:30:12	66	0:37:29	56	2:18:51	60	2:56:20	46	1:33:51
47	1144	Lippert, Martin	68	DEU	FC Schalke 04	14	M40	4:30:20	70	0:37:35	63	2:20:18	68	2:57:54	34	1:32:25
48	1064	Prause, Stefan	65	DEU	TriCologne	9	M45	4:30:58	101	0:39:48	47	2:17:45	66	2:57:34	39	1:33:24
49	1203	Nieberg, Sebastian	83	DEU	TV Werne 03	4	MHK	4:31:24	78	0:37:56	48	2:17:52	51	2:55:48	57	1:35:35
50	1158	Geilenberg, Mark	76	DEU	Hildener AT	12	M30	4:31:29	93	0:39:07	45	2:17:12	59	2:56:19	54	1:35:09
51	1146	Künsken, Carsten	70	DEU	VFL Hüls	15	M40	4:31:55	6	0:30:11	71	2:21:41	36	2:51:52	74	1:40:03
52	1037	Schröder, Stephan	71	DEU	TSVE 1890 Bielefeld	9	M35	4:32:03	121	0:41:38	102	2:26:52	107	3:08:31	9	1:23:31
53	1154	Krug, Gerrit	77	DEU	Triathlon-TEAM-Witten	13	M30	4:32:43	53	0:35:55	69	2:21:30	65	2:57:26	55	1:35:17
54	1140	Mussing, Thomas	73	DEU	Tri-Team LG Emsdette	10	M35	4:33:25	60	0:37:04	93	2:25:30	82	3:02:35	25	1:30:50
55	1046	Mukielka, Boris	72	DEU	TSVE 1890 Bielefeld	11	M35	4:33:42	14	0:31:04	54	2:18:38	29	2:49:43	95	1:43:58
56	1268	Joecken, Peter	54	DEU	Tri-Sport Saar Hochwal	1	M55	4:33:57	116	0:41:17	17	2:11:46	41	2:53:03	79	1:40:53
57	1124	Becker, Rolf	68	DEU	TRI SPORT Menden	16	M40	4:33:57	44	0:35:04	43	2:16:53	38	2:51:58	83	1:41:59
58	1235	Burchard, Rene	78	DEU	EJOT Team TV Busch	14	M30	4:34:34	82	0:38:21	66	2:20:52	73	2:59:14	56	1:35:19
59	1157	Scholz, Carsten	74	DEU	Iserlohner Triathlon Tea	12	M35	4:35:01	45	0:35:09	104	2:27:05	78	3:02:14	38	1:32:46
60	1069	Stadler, Konrad	67	DEU	Hildener AT	17	M40	4:35:42	76	0:37:46	38	2:16:09	47	2:53:55	82	1:41:46
61	1059	Benemann, Andreas	72	DEU	Bocholter WSV	13	M35	4:36:32	74	0:37:44	52	2:18:34	58	2:56:19	76	1:40:13
62	1006	Altehülsing, Thomas	77	DEU	SC Altenrheine	15	M30	4:36:33	108	0:40:45	101	2:26:33	102	3:07:19	19	1:29:14
63	1035	Oelbracht, Andreas	68	DEU	Wasser + Freizeit Mün	18	M40	4:37:00	106	0:40:21	51	2:18:03	69	2:58:25	68	1:38:35
64	1240	Schmidt, Martin	63	DEU	TV Attendorn TRI-TIM	10	M45	4:37:19	65	0:37:16	96	2:25:53	86	3:03:10	47	1:34:08
Z 65	1121	Ernshausen, Jörg	60	DEU	LC Solbad Ravensberg	4	M50	4:37:23	18	0:32:45	77	2:23:07	53	2:55:53	81	1:41:30
66	1123	Michael, Carsten	69	DEU	Tri-Team Dissen	19	M40	4:37:31	102	0:39:49	25	2:13:03	40	2:52:53	97	1:44:37
67	1183	Wallmeier, Thomas	65	DEU	TriSpeed Marienfeld	11	M45	4:37:32	90	0:38:58	46	2:17:23	61	2:56:22	80	1:41:10
68	1241	Irving, Stuart	70	DEU	british army triathlon	20	M40	4:38:45	47	0:35:18	91	2:25:25	74	3:00:43	66	1:38:01
69	1101	Lemberg, Stefan	69	DEU	Viermärker Dortmund	21	M40	4:39:09	53	0:35:55	115	2:29:28	97	3:05:23	44	1:33:46
70	1114	Hövelborn, Holger	74	DEU	Tritus SV Neptun Neheim	14	M35	4:39:29	7	0:30:21	70	2:21:37	39	2:51:59	109	1:47:29
71	1045	Malchow, Reiner	71	DEU	SG Eintracht Ergste	15	M35	4:39:47	129	0:43:01	94	2:25:39	108	3:08:40	26	1:31:06
72	1159	Arsic, Alexander	65	DEU	CSNC Bielefeld	12	M45	4:39:56	155	0:47:50	6	2:06:02	46	2:53:52	105	1:46:03
73	1053	Mittelstädt, Ralf	65	DEU	RTC Frechen 80	13	M45	4:39:56	79	0:37:59	92	2:25:27	88	3:03:27	60	1:36:28
74	1061	Bales, Stefan	65	DEU	LSF Münster	14	M45	4:41:18	99	0:39:42	30	2:13:38	43	2:53:20	110	1:47:57
75	1022	Pfeffer, Thomas	71	DEU	TV Sangerhausen	16	M35	4:41:40	41	0:34:52	72	2:21:55	63	2:56:47	98	1:44:52

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## Männer

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf
76	1205	Dittmer, Michael	57	DEU	ASV Duisburg	5	M50	4:42:20	100	0:39:48	111	2:28:56	109	3:08:44	40	1:33:36
77	1141	Kempkensteffen, Peter	72	DEU	tri-sport-team Verl	17	M35	4:42:24	96	0:39:17	107	2:28:13	104	3:07:30	51	1:34:54
78	1116	Niewig, Hendrik	74	DEU	tri-sport-team Verl	18	M35	4:42:25	109	0:40:50	100	2:26:33	103	3:07:23	53	1:35:01
79	1202	Neumann, Tobias	74	DEU	Tricity Paderborn 2001	19	M35	4:42:40	75	0:37:45	98	2:26:05	90	3:03:51	69	1:38:49
80	1125	Schneider, Klaus	69	DEU	TV Attendorf TRI-TIM	22	M40	4:42:49	92	0:39:04	99	2:26:21	98	3:05:26	64	1:37:23
81	1122	Schlarb, Bernd	59	DEU	Luhdener SV	6	M50	4:43:20	94	0:39:08	105	2:27:09	99	3:06:18	62	1:37:02
82	1034	Niederberghaus, Andre	74	DEU	djk Coesfeld	20	M35	4:44:50	62	0:37:13	85	2:24:42	75	3:01:56	87	1:42:54
83	1214	Vollberg, Matthias	70	DEU	Hildener AT	23	M40	4:45:04	88	0:38:47	61	2:20:01	71	2:58:48	106	1:46:16
84	1111	Dienst, Oliver	69	DEU	Team MAXMO	24	M40	4:45:59	52	0:35:49	75	2:22:57	70	2:58:46	107	1:47:13
85	1120	Forster, Andreas	62	DEU	Neubeckum	15	M45	4:46:51	83	0:38:31	87	2:24:56	89	3:03:27	90	1:43:23
86	1145	Barthelmes, Hans Ullrich	70	DEU	Hildener AT	25	M40	4:47:12	123	0:41:56	67	2:21:00	85	3:02:57	96	1:44:15
87	1115	Feyen, Ludger	79	DEU	Tsr Olympia	16	M30	4:47:18	46	0:35:11	112	2:28:57	93	3:04:08	89	1:43:09
88	1263	Lison, Dr. Andreas	64	DEU	SportMedInstBw	16	M45	4:47:37	56	0:36:26	110	2:28:42	96	3:05:08	84	1:42:28
89	1232	Adams, Lee	68	DEU	Tri-Geckos Dortmund	26	M40	4:48:09	122	0:41:46	64	2:20:37	79	3:02:24	103	1:45:44
90	1213	Büscher, Andreas	64	DEU	Tri Team Dissen	17	M45	4:49:16	130	0:43:03	124	2:32:33	127	3:15:36	41	1:33:39
91	1362	Freitag, Wolfgang	67	DEU	Mastholte-Süd	27	M40	4:49:45	159	0:48:33	157	2:41:37	157	3:30:11	1	1:19:34
92	1108	Backes, Jürgen	72	DEU	VT Triangel Kempen	21	M35	4:49:54	85	0:38:34	82	2:23:53	80	3:02:27	108	1:47:26
93	1207	Rogowski, Thomas	56	DEU	DJK Elmar Kohlscheid	7	M50	4:50:03	84	0:38:31	79	2:23:32	76	3:02:04	111	1:47:59
94	1062	Braun, Jan Pieter	86	DEU	TSR Olympia Wilhelm	5	MHK	4:50:49	15	0:31:48	49	2:17:56	30	2:49:45	138	2:01:04
95	1234	Diekjürgen, Werner	61	DEU	1.Tri-Team Gütersloh	18	M45	4:51:07	128	0:42:59	58	2:19:09	77	3:02:08	117	1:48:58
96	1283	Rennefeld, Marc	72	DEU	Bocholter WSV	22	M35	4:51:47	37	0:34:17	133	2:34:33	110	3:08:51	88	1:42:55
97	1057	Terkatz, Stefan	70	DEU	VT Triangel Kempen	28	M40	4:51:48	38	0:34:42	35	2:15:30	34	2:50:12	141	2:01:35
98	1071	Lublow, Thomas	63	DEU	TSV Bayer 04 Leverk	19	M45	4:52:00	67	0:37:30	95	2:25:51	87	3:03:21	116	1:48:38
99	1222	Kostorz, Ole B.	82	DEU	TriSport Menden	6	MHK	4:52:40	115	0:41:13	118	2:30:55	116	3:12:08	77	1:40:31
100	1156	Klein, Ernst	62	DEU	TV Attendorf TRI-TIM	20	M45	4:52:44	59	0:36:51	55	2:18:45	50	2:55:36	133	1:57:08
101	1008	Bergmann, Helmut	55	DEU	Marathon Soest	2	M55	4:52:58	48	0:35:25	150	2:40:28	129	3:15:53	63	1:37:05
102	1248	Hoock, Lars	66	DEU	RC Endspurt Herford	29	M40	4:53:20	140	0:44:16	119	2:30:57	125	3:15:14	67	1:38:06
103	1160	Speck, Lajos	71	DEU	www.projekt-i-2009.de	23	M35	4:54:46	153	0:46:58	103	2:26:56	121	3:13:54	78	1:40:51
104	1238	Röbke, Lutz	68	DEU	Luhdener SV	30	M40	4:54:46	104	0:40:16	116	2:29:33	113	3:09:49	100	1:44:57
105	1368	Zerrath, Uwe	70	DEU	Soester Tri Team	31	M40	4:56:28	29	0:33:22	83	2:24:03	64	2:57:26	134	1:59:02
106	1084	Rodenkirchen, Mark	78	DEU	Datteln	17	M30	4:56:40	89	0:38:47	80	2:23:40	81	3:02:28	127	1:54:11
107	1370	Haas, Thomas	64	DEU	TSV Bayer Leverkusen	21	M45	4:56:48	138	0:43:56	114	2:29:05	119	3:13:01	93	1:43:46
108	1130	Gralka, Robert	70	DEU	Tri Sport Menden	32	M40	4:57:03	132	0:43:08	84	2:24:29	105	3:07:37	119	1:49:26
109	1228	Schmidt, Michael	78	DEU	Hildener AT	18	M30	4:57:07	105	0:40:21	106	2:27:25	106	3:07:46	118	1:49:20
109	1258	Labianca, Andreas	67	DEU	SC-Relax Beckum	33	M40	4:57:07	86	0:38:36	127	2:33:34	117	3:12:11	99	1:44:56
111	1147	Bergmeier, Udo	70	DEU	TV Langenberg	34	M40	4:57:07	131	0:43:07	0	0:00:00	0	0:00:00	0	0:00:00
112	1212	Czarsbon, Dirk	70	DEU	Mülheim	35	M40	4:57:18	107	0:40:30	109	2:28:31	111	3:09:02	113	1:48:15
113	1153	Bittermann, Klaus-Jürgen	60	DEU	Schwelmer RSC	8	M50	4:57:20	141	0:44:23	62	2:20:04	95	3:04:28	123	1:52:52
114	1102	Weiser, Ronny	79	DEU	TSVE 1890 Bielefeld e.	19	M30	4:57:52	33	0:33:52	73	2:22:02	55	2:55:55	142	2:01:57
115	1253	Armborst, Manfred	67	DEU	TS Herzogenaurach	36	M40	4:58:02	103	0:39:56	132	2:34:28	123	3:14:25	92	1:43:36
116	1345	Menken, Tobias	83	DEU	Georgsmarienhütte	7	MHK	4:58:35	152	0:46:54	122	2:32:07	137	3:19:01	73	1:39:34
117	1019	Werner, Tobias	87	DEU	TRI-Sport-Menden	8	MHK	4:58:51	3	0:30:06	130	2:34:02	92	3:04:08	128	1:54:42
118	1249	Leykum, Günter	67	DEU	FV Bad Honnef	37	M40	4:59:04	118	0:41:21	123	2:32:32	120	3:13:54	101	1:45:10
119	1229	Gude, Manfred	65	DEU	SC- Altenrheine	22	M45	4:59:07	124	0:42:01	125	2:33:09	124	3:15:11	94	1:43:56
120	1219	Kruse, Reinhard	62	DEU	ASC Ahlen	23	M45	5:00:05	87	0:38:41	90	2:25:24	91	3:04:05	131	1:55:59
121	1373	Grabisch, Raimund	67	DEU	SGL Langenfeld	38	M40	5:00:44	145	0:45:04	153	2:40:58	151	3:26:03	49	1:34:41
122	1103	Gerke, Lothar	63	DEU	TSV Bayer Dormagen	24	M45	5:02:22	58	0:36:37	50	2:17:58	49	2:54:35	156	2:07:47
123	1166	Pott-Mettner, Bernd	70	DEU	Tri-Team Dissen	39	M40	5:02:26	127	0:42:55	129	2:33:58	131	3:16:53	102	1:45:33
124	99999	Unbekannt, Unbekannt		DEU		0	M	5:04:53	135	0:43:24	108	2:28:22	115	3:11:46	124	1:53:06
125	1148	Cremer, Jörg	72	DEU	TV 1848 Mönchenglad	24	M35	5:05:10	170	0:54:02	126	2:33:22	153	3:27:25	65	1:37:44
126	1282	Bock, Stephan	73	DEU	TSVE 1890 Bielefeld	25	M35	5:05:12	154	0:47:37	131	2:34:08	144	3:21:46	91	1:43:26
127	1204	Kannegiesser, Oliver	68	DEU	Schnelweiser SC 1895	40	M40	5:05:21	81	0:38:21	143	2:38:57	132	3:17:18	112	1:48:02
128	1246	Platz, Volker	59	DEU	Endspurt Herford	9	M50	5:05:22	150	0:46:02	117	2:30:46	130	3:16:49	114	1:48:32
129	1152	Leindecker, Michael	54	DEU	Tri-Team Hagen	3	M55	5:06:48	156	0:47:55	147	2:39:36	154	3:27:32	72	1:39:15
130	1149	Richter, Bernd	65	DEU	Tri-Sport Saar-Hochwal	25	M45	5:09:32	110	0:40:54	78	2:23:29	94	3:04:24	147	2:05:08
131	1227	Newrzella, Dirk	71	DEU	TRlandertaler Mettman	26	M35	5:10:01	111	0:41:00	89	2:25:24	100	3:06:24	145	2:03:36
132	1182	Feldmann, Egbert	66	DEU	RFV All-Heil Beckum	41	M40	5:10:12	166	0:49:55	60	2:19:35	112	3:09:31	137	2:00:40
133	1163	Kinzel, Thomas	65	DEU	SV Sterkrade Nord	26	M45	5:10:33	142	0:44:44	88	2:25:09	114	3:09:53	136	2:00:39
134	1346	Seymour, Robert	76	DEU	Independent	20	M30	5:10:40	147	0:45:13	146	2:39:35	147	3:24:48	104	1:45:52
135	1350	Becker, Volker	70	DEU	LG-Oerlinghausen	42	M40	5:11:36	97	0:39:29	158	2:41:50	143	3:21:19	120	1:50:17
136	1237	Oltmanns, Klaus	68	DEU	SG-Diepholz	43	M40	5:11:37	51	0:35:48	145	2:39:27	126	3:15:15	132	1:56:21
137	1252	Sommerfeld, Marcus	68	DEU	SC Weyhe	44	M40	5:13:14	27	0:33:07	86	2:24:45	67	2:57:52	162	2:15:22
138	1009	Gennet, Uwe	68	DEU	Tri-Sport-Team Verl	45	M40	5:13:52	113	0:41:11	141	2:37:51	138	3:19:03	129	1:54:48
139	1265	Glennemeier, Jens	72	DEU	Flinke-Fuesse	27	M35	5:14:41	126	0:42:41	138	2:37:11	140	3:19:52	130	1:54:49
140	1126	Llewellyn, Adrian Michael	79	DEU	Triathlonverein Heidekre	21	M30	5:16:06	157	0:48:22	128	2:33:54	145	3:22:16	126	1:53:50
141	1259	Düpont, Dirk	66	DEU	TRI Sport Menden	46	M40	5:17:02	112	0:41:03	137	2:36:47	136	3:17:51	135	1:59:11
142	1342	Enzenauer, Rolf	65	DEU	Help-This-Man	27	M45	5:18:57	117	0:41:19	134	2:36:07	133	3:17:27	140	2:01:30
143	1349	Pilscheur, Frank	54	DEU	Hildener AT Triathlon	4	M55	5:19:40	163	0:49:39	135	2:36:13	150	3:25:52	125	1:53:47
144	1161	Schulz, Oliver	86	DEU	Dortmund	9	MHK	5:21:35	133	0:43:12	120	2:31:08	122	3:14:20	155	2:07:14
145	1239	Ebel, Franz-Josef	63	DEU	Trisport Menden	28	M45	5:23:42	119	0:41:22	136	2:36:16	134	3:17:38	150	2:06:03
146	1162	Rossmann, Matthias	55	DEU	SC Borcheln	5	M55	5:24:47	160	0:48:46	113	2:29:01	135	3:17:48	154	2:06:59
147	1381	Klasmeier, Michael	63	DEU	Wiedenbrücker TV	29	M45	5:25:37	169	0:51:31	160	2:42:51	160	3:34:22	121	1:51:15
148	1233	Ernst, Michael	63	DEU	Tri Finish Münster	30	M45	5:25:48	50	0:35:46	121	2:31:11	101	3:06:58	165	2:18:49
149	1242	Laustroer, Robert	70	DEU	1.Tri-Club Paderborn	47	M40	5:26:33	125	0:42:05	142	2:38:23	141	3:20:28	151	2:06:05
150	1209	Gießelmann, Frank	64	DEU	Sprechende Ärzte	31	M45	5:27:31	174	0:57:41	139	2:37:34	161	3:35:16	122	1:52:15

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## Männer

Platz	Startnr.	Name	JG	NAT	Verein	PI	AK	Endzeit	PI	Schwimmen	PI	Rad	PI	nach Rad	PI	Lauf
151	1361	Özarslan, Mehmet	79	DEU	Triandertaler Mettmann	22	M30	5:28:39	144	0:44:46	149	2:40:21	149	3:25:08	144	2:03:31
152	1261	Kaiser, Hubert	66	DEU	LC Solbad Ravensber	48	M40	5:29:49	146	0:45:11	140	2:37:48	146	3:23:00	153	2:06:49
153	1266	Ahlert, Eckhard	53	DEU	Bielefeld	6	M55	5:29:52	171	0:55:47	162	2:45:27	170	3:41:14	115	1:48:37
154	1221	Dengler, Markus	60	DEU	Kierspe	10	M50	5:30:57	136	0:43:36	155	2:41:20	148	3:24:57	149	2:06:00
155	1260	Lipski, Erik	76	DEU	TV Flerke/Welver 1928	23	M30	5:33:40	95	0:39:10	152	2:40:39	139	3:19:50	160	2:13:50
156	1224	Ruhland, Gerhard	60	DEU	Tri-Team TV Verl	11	M50	5:35:41	168	0:50:31	156	2:41:30	159	3:32:01	146	2:03:39
157	1348	Tippmann, Michael	61	DEU	SC Wiking Herne	32	M45	5:36:28	16	0:32:41	148	2:40:12	118	3:12:54	170	2:23:34
158	1369	Pieper, Mark	73	DEU	flinke-fuesse.de	28	M35	5:37:39	158	0:48:24	164	2:46:54	162	3:35:19	143	2:02:20
159	1119	Gode, Norbert	62	DEU	WSU Tri Team	33	M45	5:37:47	164	0:49:51	97	2:25:57	128	3:15:48	167	2:21:58
160	1356	Andretzke, Helmut	59	DEU	TPSK Köln	12	M50	5:37:55	162	0:49:26	151	2:40:38	156	3:30:04	157	2:07:50
161	1244	Appelt, Ralf	58	DEU	www.appelt-racing.de	13	M50	5:44:10	77	0:37:48	161	2:42:55	142	3:20:43	169	2:23:26
162	1247	Kästner, Hans	53	DEU	Tus09 Datteln	7	M55	5:45:34	167	0:50:14	154	2:41:14	158	3:31:29	161	2:14:05
163	1210	Ricken, Karl-Heinz	58	DEU	Marathon Soest	14	M50	5:45:45	165	0:49:53	166	2:50:31	169	3:40:24	148	2:05:21
164	1347	Rasmußen, Jörn	83	DEU	TriDucks Dorsten	10	MHK	5:49:37	149	0:45:49	167	2:50:43	164	3:36:32	159	2:13:05
165	1262	Pascher, Michael	55	DEU	Bocholter WSV	8	M55	5:51:43	114	0:41:12	165	2:47:39	155	3:28:51	168	2:22:51
166	1371	Szymiczek, Thomas	65	DEU	Triminators TV Voerde	34	M45	5:53:07	143	0:44:45	159	2:41:57	152	3:26:43	172	2:26:24
167	1215	Schultze, Lennart	84	DEU	Bielefeld	11	MHK	5:55:10	120	0:41:36	173	2:56:42	167	3:38:18	164	2:16:52
168	1366	Kirberich, Peter	54	DEU	Dülkener SV	9	M55	5:57:05	172	0:57:07	174	2:58:41	173	3:55:49	139	2:01:15
169	1217	Wurm, Christof	83	DEU	Wenden	12	MHK	5:57:08	161	0:49:25	163	2:46:12	163	3:35:37	166	2:21:30
170	1360	Rojik, Volker	60	DEU	SV Gladbeck 13 e.V.	15	M50	5:57:35	151	0:46:35	175	3:04:49	172	3:51:24	152	2:06:11
171	1341	König, Stefan	69	DEU	SSV Ludwigshafen eV	49	M40	6:00:46	173	0:57:28	169	2:53:08	171	3:50:37	158	2:10:09
172	1250	Gödderz, Christian	70	DEU	Nonstop Köln e.V.	50	M40	6:02:09	139	0:43:59	170	2:53:16	165	3:37:16	171	2:24:53
173	1344	Heyse, Gerd	60	DEU	SC Weyhe	16	M50	6:17:23	148	0:45:48	172	2:54:03	168	3:39:52	174	2:37:31
174	1184	Krahnert, Heiko	67	DEU	Moritzburger TV	51	M40	6:22:22	177	1:26:55	144	2:39:09	174	4:06:05	163	2:16:17
175	1354	Zerressen, Dirk	66	DEU	Rapid Ramirez	52	M40	6:30:25	137	0:43:43	171	2:53:45	166	3:37:28	176	2:52:56
176	1359	Ostermann, Thomas	67	DEU	SC Füchtorf	53	M40	6:34:23	176	1:13:42	168	2:52:48	175	4:06:31	173	2:27:51
177	1372	Jung, Reiner	66	DEU	EJOT-Team Buschhüt	54	M40	6:57:30	175	1:02:45	176	3:07:31	176	4:10:16	175	2:47:13

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## Frauen

Platz	Startnr.	Name	JG	NAT	Verein	Pl	AK	Endzeit	Pl	Schwimmen	Pl	Rad	Pl	nach Rad	Pl	Lauf
1	1301	Konschak, Katja	78	DEU	Pflüger-Team/SV Nordh	1	W30	4:15:42	1	0:29:41	1	2:23:33	1	2:53:15	1	1:22:27
2	1302	Mrug, Andrea	69	DEU	TuS 09 Erkenschwick	1	W40	4:44:25	3	0:34:17	6	2:30:32	2	3:04:50	7	1:39:35
3	1303	Neumann, Silke	79	DEU	Tricity Paderborn 2001	2	W30	4:45:03	5	0:37:24	5	2:29:58	4	3:07:22	4	1:37:40
4	1325	Hoffmeister, Meike	69	DEU	Tri-As Hamm	2	W40	4:50:31	11	0:40:43	4	2:29:38	5	3:10:21	8	1:40:09
5	1304	Thurau, Anja	74	DEU	Ehem.Starlightteam. E	1	W35	4:57:39	9	0:39:51	14	2:38:28	11	3:18:20	6	1:39:18
6	1306	Philippzig, Claudia Ina	65	DEU	Ejot Team TV Buschhüt	1	W45	4:58:52	17	0:43:48	2	2:26:48	6	3:10:36	13	1:48:16
7	1314	Gasperic, Martina	66	DEU	ASV Duisburg	3	W40	5:00:58	10	0:40:09	22	2:46:27	20	3:26:36	2	1:34:21
8	1316	Eckel, Katharina	82	DEU	TSG 07 Burg Gretesch	1	WHK	5:03:14	16	0:43:29	13	2:38:02	15	3:21:32	9	1:41:42
9	1312	Brinkmann, Anke	69	DEU	Triathlon-Team Dissen	4	W40	5:04:00	22	0:45:25	15	2:40:13	19	3:25:38	5	1:38:21
10	1308	Schillings, Stefanie	81	DEU	TuS 09 Erkenschwick	2	WHK	5:05:07	7	0:38:06	3	2:27:51	3	3:05:57	20	1:59:09
11	1307	Sandbote, Ines	74	DEU	TVE Greven Triathlon	2	W35	5:05:52	6	0:38:01	19	2:42:14	14	3:20:16	11	1:45:35
12	1317	Lause, Ursula	59	DEU	VfB Salzkotten	1	W50	5:06:01	21	0:44:47	7	2:30:36	9	3:15:24	16	1:50:37
13	1329	Heywood, Anna	86	DEU	Independent	3	WHK	5:08:00	2	0:32:54	20	2:43:53	10	3:16:47	18	1:51:12
14	1330	Schmidt-Böse, Birgit	68	DEU	1. Tri-Team Gütersloh G	5	W40	5:08:02	4	0:36:57	18	2:42:10	12	3:19:08	14	1:48:54
15	1309	Kleimann, Birgitt	69	DEU	W + F Münster	6	W40	5:10:26	18	0:44:13	10	2:35:35	13	3:19:48	17	1:50:37
16	1310	Henning, Ulla	61	DEU	ASV-Köln	2	W45	5:12:19	24	0:51:03	21	2:45:01	23	3:36:04	3	1:36:14
17	1326	Topheide, Martina	77	DEU	W+F Münster	3	W30	5:13:00	23	0:46:21	11	2:36:33	16	3:22:54	15	1:50:05
18	1305	Schäfer, Yvonne	75	DEU	erdinger team	3	W35	5:14:30	25	0:51:04	12	2:37:34	22	3:28:39	12	1:45:51
19	1318	Flöter, Anja	67	DEU	TV Flerke Tri Team	7	W40	5:17:47	19	0:44:16	16	2:41:10	18	3:25:27	19	1:52:20
20	1334	Svoboda-Vasquez, Hann	66	DEU	LTV-LIPPSTADT TRIA	8	W40	5:19:26	13	0:41:12	25	2:55:22	24	3:36:34	10	1:42:51
21	1315	Joecken, Gabi	69	DEU	Tri-Sport Saar Hochwal	9	W40	5:20:23	15	0:41:57	9	2:32:55	7	3:14:52	21	2:05:30
22	1327	Sauerland, Eike	69	DEU	W+F Münster	10	W40	5:30:51	12	0:41:05	17	2:41:53	17	3:22:59	24	2:07:51
23	1319	Jansen, Julia	76	DEU	Bocholter WSV	4	W30	5:34:49	8	0:39:49	23	2:47:20	21	3:27:10	23	2:07:38
24	1324	Schmitz, Monika	67	DEU	VfB Salzkotten	11	W40	5:40:24	20	0:44:41	8	2:30:39	8	3:15:21	26	2:25:02
25	1328	Hellmann, Rita	58	DEU	VfB Salzkotten	2	W50	5:45:52	28	0:51:38	24	2:47:35	25	3:39:13	22	2:06:38
26	1332	Veile, Stephanie	60	DEU	kein Verein	3	W50	6:12:17	27	0:51:38	27	3:02:16	27	3:53:54	25	2:18:23
27	1082	Graudenz, Corinna	88	DEU	Triathlon Team Witten	4	WHK	6:23:07	14	0:41:27	26	2:59:33	26	3:41:00	28	2:42:06
28	1331	Spellerberg, Simone	61	DEU	DLC Aachen	3	W45	6:31:55	26	0:51:37	28	3:08:36	28	4:00:13	27	2:31:42